

### **Background Information**

Funded by TD Insurance through the Newfoundland & Labrador Medical Association (NLMA) and its charity the Physicians' Legacy Foundation, two awards valued at \$1,500 each will be granted annually to recognize students who demonstrate a commitment to achieving healthy work-life balance as well as promoting a culture of health and well-being among peers.

#### Requirements

Applicants must:

- 1. Be a student in the Undergraduate Medical Education Program.
- 2. Meet scholarship standing as defined by the university.
- 3. Be a member of the NLMA.
- 4. Submit your current CV.
- 5. Complete this application form.
- 6. Submit all documents via email to <u>ScholarshipsUGME@mun.ca</u>.

Application forms must be signed and completed in full by the applicant. Incomplete or improperly prepared application forms disqualify the applicant from the competition.

#### **Applicant Information**

Name:	Student Number:
Mailing Address:	
Email:	Phone Number:
Year of Medical School:	
NLMA Membership ID Number:	
Applicant Signature:	Date:

Answer the following questions in the space provided. Where possible, please provide examples to support your answer.

# NLMA TD Insurance Health and Well-being Award Application Form



Demonstrate how you are committed to achieving a healthy work-life balance. (You can discuss your past, current, and future plans.)

Demonstrate how you promoted health and well-being among peers prior to and during medical school. (150 words maximum)

# NLMA TD Insurance Health and Well-being Award Application Form



How have your actions positively impacted the health and well being of your peers? (150 words maximum)

### Contact Us

If you have any questions or concerns regarding this application, please contact the Memorial University, Faculty of Medicine Scholarships Administrator at <u>ScholarshipsUGME@mun.ca</u>.